Employee Assistance Programme





Life has its obstacles. We're here to help you overcome them.

Freephone from UK landline: 0800 111 6387 For Management Support: 0800 111 6385

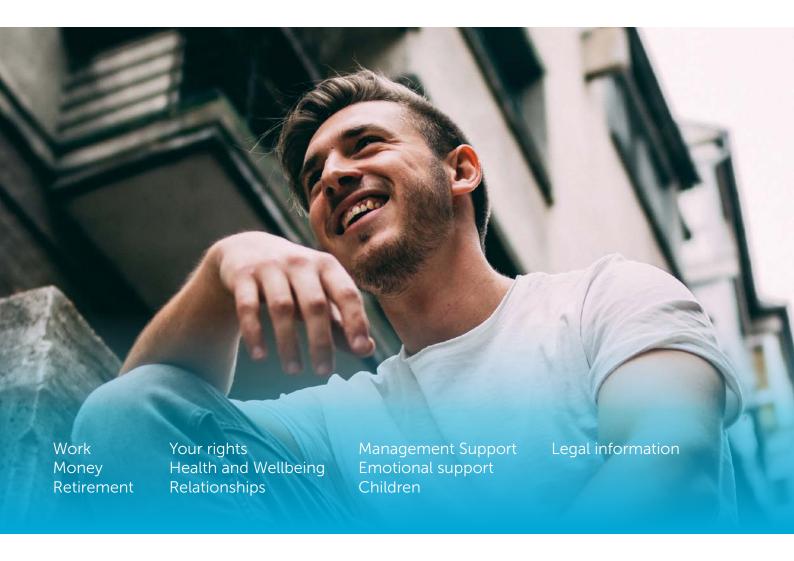
Visit <u>www.my-eap.com</u> use access code:

Your free and confidential Employee Assistance Programme can provide information, advice and support 24 hours a day, 365 days a year (Management Support is available Monday - Friday 8am - 6pm)

- Work
- Money
- Retirement
- Your rights
- Health and Wellbeing
- Relationships
- Management Support
- Emotional support
- Children
- Legal information

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